504 COORDINATOR TRAINING & CERTIFICATION COURSE
HIGHER ED AND K-12

ORLANDO, FL
JANUARY 21, 2019
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AGENDA

• Group Discussion
• 504 Overview
  – 504 & ADA
  – 504 Coordinator Role
  – 504 Grievance Process
• Other Disability Laws
  – ADA, Title II, Title III
  – Fair Housing Act
• Standards for Disability Response

• Accommodation Process
• Special Cases
  – ADA & Academics
  – Pregnant & Parenting Students
  – ADA & Mental Health
  – Service & Emotional Support Animals
• Q & A
TO GET US STARTED:

• Gather in small groups (6-8), ideally from different institutions
• Share the following information:
  – Your role in regards to Title IX
    ▪ Are you the Disability Services Coordinator as well as the 504/ADA Coordinator?
• Discuss your responsibility regarding disability services, accommodations, and grievance processes.
• As a group list your issues/concerns (to be shared with the larger group)
504 AND ADA

504 and ADA are not designed to ensure equal results...

But to create a “just result” and to provide equal opportunities for success.
CONSIDERATIONS FOR PROVIDING “EQUALITY” IN OPPORTUNITIES

• What can the institution do to provide students or employees with disabilities equal access to the educational benefits or job opportunities?

• How do the educational or work opportunities and benefits provided to individuals with disabilities compare to those provided to individuals without disabilities?
  – Are they equally available?
  – Are they available in a timely manner, similar to those provided to students without disabilities?
  – Will it be more difficult for students or employees with disabilities to obtain the educational opportunities than for non-disabled students or employees?
WHY IS IT IMPORTANT TO UNDERSTAND DIFFERENT LAWS?

• Laws apply differently to housing than to the campus in general, including classrooms and dining facilities.

• The IDEA (Individuals With Disabilities Education Act) and 504 impacts K-12 schools.

• Laws apply different definitions and standards as it relates to service vs. assistance/emotional support animals.

• Laws may impose different standards or response protocols.
SECTION 504 OF THE REHABILITATION ACT, 1973

- Prohibits discrimination on the basis of disability in all programs or activities that receive federal financial assistance.

- Forbids institutions from excluding or denying individuals with disabilities an equal opportunity to receive program benefits and services.


SECTION 504 STATES:

• “No otherwise qualified individual with a disability in the United States, as defined in Sec. 705(20) of this title, shall, solely by reason of her or his disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance.”

704(a) Promulgation of nondiscriminatory rules and regulations
Title II:

• Prohibits discrimination on the basis of disability by public entities, including state colleges and universities, regardless of whether they receive federal financial assistance.

Title III:

• Prohibits discrimination on the basis of disability in private education facilities and in the activities of places of public accommodation.

Both Title II & Title III are enforced by the Dept. of Justice.

The language of ADA tracks Section 504 and explains that the remedies, procedures, and rights under the ADA are the same as under the Rehabilitation Act.
• Section 504 (1973) and the ADA (1990) are both civil rights laws, However.....

• **Section 504** was created to protect individuals with disabilities from discrimination for reasons related to their disabilities. **504 protections are applied to programs or businesses that receive federal funds.**

• ADA, Sec II & III adds to the strength of Section 504 by **extending it to private institutions, workplaces, and to state and local government funded programs.**

• Between the two laws, all government funded programs are covered.
IDEA REQUIREMENTS (K-12)

- IDEA is not a non-discrimination law. It is a funding statute passed in 1990.
- IDEA ensures that K-12 students with a disability are provided with Free Appropriate Public Education (FAPE) that is tailored to their individual needs.
- The IDEA has six elements:
  - Provide Free and Appropriate Public Education (FAPE)
  - To provide an Individualized Education Program (IEP)
  - To provide the Least Restrictive Environment (LRE)
  - To provide appropriate evaluation, parent and teacher participation
  - To provide procedural safeguards
• Public K-12 schools are required to provide a free appropriate public education to qualified students with a disability. This consists of regular or special education and related aids and services designed to meet the individual educational needs of students with disabilities as adequately as the needs of students without disabilities are met.

• At the Postsecondary level, the institution is required to provide students with appropriate academic adjustments and auxiliary aids and services that are necessary to afford an individual with a disability an equal opportunity to participate in a school’s program. Institutions are not required to make adjustments or provide aids or services that would result in a fundamental alteration of a recipients program or impose an undue burden.
FAIR HOUSING ACT

• FHA applies to residential “dwellings,” a term that likely encompasses campus housing, including residence halls.

• FHA makes it unlawful to “discriminate against any person in the terms, conditions, or privileges of sale or rental of a dwelling, or in the provision of services or facilities in connection with such a dwelling because of a handicap…”

• FHA requires allowance for “assistance animals” for a qualified individual with a disability in all dwellings.

• Enforced by the Department of Housing and Urban Development, Fair Housing Act.
WHO IS PROTECTED UNDER SEC 504 & ADA?

• Under this law, **qualified individuals with disabilities** are defined as:
  
  – Persons **with** a physical or mental impairment which substantially limits one or more major life activities;
  
  – Persons who have a **record of** having a physical or mental impairment; or
  
  – Persons who are **regarded as** having a physical or mental impairment that substantially limits one or more major life activities.
• A qualified individual with a disability is someone who, with or without reasonable modifications to rules, policies or practices or provision of auxiliary aids and services, meets the essential eligibility requirements to be able to receive the receipt of services or to participate in programs or activities of the educational entity.

• All qualified individuals with a disability must be provided with aids, benefits, or services that provide an equal opportunity to achieve the same result or level of achievement as others.

  – Institutions may provide a different or separate aid, benefit, or service than requested by the qualified individual with a disability only if doing so is necessary and ensures that the aid, benefit or service is as effective as the one requested.
• The law draws a distinction between an impairment and a disability.

• There are more people with impairments than with disabilities.

• The difference lies in the **effect** the impairment has on the person.

• If the impairment causes a “substantial limitation” of a “major life activity” then the person has a disability.
A “Physical Impairment”
• Is any physiological disorder or condition, cosmetic disfigurement or anatomical loss that affects one or more of the body systems, such as:

  - Neurological
  - Musculoskeletal
  - Special sense organs
  - Respiratory (including speech)
  - Cardiovascular
  - Reproductive
  - Digestive
  - Genitourinary
  - Lymphatic
  - Skin & Endocrine

A “Mental Impairment”
• Is a mental or psychological disorder includes mental retardation, emotional or mental illness, and specific learning disorders
• Major life activities include caring for one’s self, performing manual tasks such as:
  – Walking
  – Seeing
  – Hearing
  – Speaking
  – Breathing
  – Working
  – Learning
WHAT DOES “RECORD OF” AND “REGARDED AS” HAVING AN IMPAIRMENT MEAN?

• **Record of having an impairment** means that an individual has a history of having a mental or physical impairment that limits one or more major life activities.

• **Regarded as having an impairment** means a person may or may not have a qualifying impairment, but is treated as having an impairment that qualifies as a disability.
• An institution must make reasonable modifications in policies or procedures when the modifications are necessary to avoid discrimination on the basis of disability unless the institution can demonstrate that making the modifications would fundamentally alter the nature of the service, program or activity.  (*28 C.F.R. Sec. 35.130 (b)(7)(i)*)

• An institution may not impose or apply criteria that screens out or tends to screen out an individual with a disability for fully and equally enjoying any service, program or activity.
• For all reasonable modification determinations the institution must conduct an individualized assessment and case-by-case determination as to whether and what modifications can be made to allow an individual with a disability to participate in the services, programs or activities of the institution.
HOW IS THE 504 COORDINATOR DIFFERENT FROM THE DISABILITY SERVICES COORDINATOR?
Accessibility/Disability Services Coordinator is responsible for verification of the intake of requests for accommodations; engaging in the interactive process; identifying with the student or employee appropriate accommodations; serving as liaison with faculty and supervisors.

The 504/ADA Coordinator is responsible for publication of non-discrimination notice; oversight of the grievance process; investigation of grievances,

Can it be the same person? Should it be the same person?
504 COMPLIANCE AND ROLE OF 504/ADA COORDINATOR
If the institution accepts federal funds or employs more than 50 people the institution must designate an employee to coordinate all efforts to comply with and carry out its responsibilities, including:

- Ensuring dissemination of notice of the institution’s non-discrimination policy.
- Adopting civil rights grievance procedures that incorporate appropriate due process standards and that provide for the prompt and equitable resolution of complaints of discrimination.
- Conducting investigations of complaints regarding noncompliance with the legal mandates of ADA or 504.
- Providing notice of the name, office address, and telephone number of the employee or employees designated to oversee 504/ADA compliance.
The Section 504/ADA Coordinator is, at a minimum, responsible for:

- Coordinating and monitoring compliance with Section 504 and Title I, II or Title III of the ADA;
- Overseeing state civil rights requirements regarding discrimination and harassment based on disability;
- Overseeing prevention efforts to avoid Section 504 and ADA violations from occurring;
- Implementing the institution’s discrimination complaint procedures with respect to allegations of Section 504/ADA violations, discrimination based on disability, and disability harassment; and
- Investigating complaints alleging violations of Section 504/ADA, discrimination based on disability, and disability harassment.
• In accordance with the requirement of 504 of the Rehabilitation Act of 1973 and Title II [or Title III if a private school] of the Americans With Disabilities Act of 1990 (ADA) the [name of your institution] will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities. The [name of institution] does not discriminate on the basis of disability in its hiring or employment practices and complies with all regulations promulgated by the U.S. Dept. of Education, the U.S. Dept. of Justice and the U.S. Equal Employment Opportunity Commission.
GRIEVANCE POLICY SHOULD INCLUDE

- A description of how and where a complaint under 504/ADA may be filed.

- If a written complaint is required, a statement notifying potential complainants that alternative means of filing will be available to people with disabilities who require such an alternative.

- A description of the time frames and processes to be followed by the complainant and the institution.

- Information on how to appeal an adverse decision.

- A statement of how long complaint files will be retained and where they are retained.
ELEMENTS OF A GRIEVANCE PROCESS

- All grievances related to disability discrimination or harassment should be directed to the 504 Coordinator.

- The complaint should be in writing, clearly stating the issue presented.

- The 504 Coordinator should conduct an investigation of the complaint (could be formal or informal).

- The investigation must be thorough, reliable, and impartial.

- The 504 Coordinator shall issue a written report and decision.
  - Must have a time limit here
  - Recommend 30 days
• The Individual filing the Complaint may appeal the decision by providing a written appeal to (insert appropriate person) within 10 days of the decision by the 504 Coordinator.

• The decision by the Appeal Officer is a final decision.

• The availability and use of the grievance procedure does not prevent a person from filing a complaint with the state Civil Rights Commission or the U.S. Dept. of Education, Office for Civil Rights.
ACCOMMODATION IN GENERAL
Accommodations should be made on a case by case basis.

An accommodation or modification is **not required when**:

- It **would result in a fundamental alteration** of the nature of the program, service, or job function (28 CFR 35.130(b)(7)).

- Neither Section 504 nor the Fair Housing Act requires accommodations that are **an undue financial and administrative burden**.

- Whether a particular accommodation will be an undue financial and administrative burden will depend on the facts and circumstances of the individual case.
WHAT DOES THIS MEAN FOR STUDENTS, FACULTY & STAFF?

• For students, this means that a qualified student with a disability will be “otherwise qualified” for admission to a specific academic program if he/she can meet all the necessary and articulated “essential functions” of the college program with reasonable accommodations.

• For employees, it means that if the employee meets the qualifying elements to perform a job, the institution must provide appropriate accommodations.

• Students and employees with disabilities are also protected from discriminatory harassment directed at them because of their disabilities.
ESTABLISHING PROGRAM STANDARDS

• Creation and publication of well-articulated program standards are essential in order to assess accommodations that do not create a fundamental alteration of the program or course of study, such as:
  – Identifying standards for awarding a degree in a course of study.
  – Ensuring licensure/certification requirements are identified and programs appropriately aligned.
  – Ensuring program requirements are consistent with accreditation requirements.
  – Ensuring all field requirements are identified (both in clinical assignments and in the profession).

• Then reviewing the course to determine the essential requirements for outcomes how students with disabilities may be able to accomplish these with accommodations.
The determination of whether an individual with a disability is “qualified” for a job begins with deciding whether the individual satisfies the prerequisites for the position, such as possessing the appropriate education, experience, skills, licenses, etc.

The next step is to determine whether or not the individual can perform the essential functions of the position held or desired, with or without reasonable accommodation.

Essential functions are the fundamental job duties of the employment position the individual with a disability holds or desires. They do not include the marginal functions of the position.
ACCOMMODATION PROCESS K-12
• 504 requires the use of evaluation procedures that ensure a child is not misclassified, incorrectly placed or unnecessarily labeled as having a disability.

• The IDEA requires schools must provide an education that:
  • Is designed to meet the unique needs of each student
  • Provides access to the general curriculum to meet the challenging expectations established for all children (i.e., grade level standards)
  • Is provided in accordance with the IEP
  • Results in an educational benefit to the child

• Both 504 & IDEA may use the same process of evaluation
• If a student is eligible under IDEA he/she must have an IEP
• The basis for accommodating a K-12 student with a learning disability is to provide an individualized and appropriate education that the school must design to meet the unique needs of each child (an IEP Plan)
• The IEP specifies:
  • the services to be provided and how often,
  • describes the student’s present levels of performance and how the student’s disabilities affect academic performance,
  • and accommodations and modifications to be provided
When a child qualifies for an IEP, a team is convened to design the plan.
The team must include:
- Parents,
- At least one regular teacher,
- A special education teacher,
- Someone who can interpret the educational implications of the child’s evaluation, such as a school psychologist
- Any relevant service personnel
- A school administrator who has knowledge of the availability of services in the district and authority to commit those services on behalf of the child
• An IEP sets learning goals and describes the services to be provided to the student. The IEP must be reviewed every year.

• The IEP **must include**:
  - Child’s present levels of academic and functional performance.
  - Annual educational goals and how the school will track the progress.
  -What specific services with the child get?
  - What is the timing of the services? When do they start? How often do they occur? How long will they last?
  - What are any accommodations (i.e. changes to the child’s learning environment)?
  - Any modifications to the plan.
  - How the child will participate in standardized tests.
  - How the child will be included in general educations classes and school activities.
ACCOMMODATION PROCESS: DIFFERENCE BETWEEN AN IEP AND A 504 PLAN

• An IEP is a plan or program developed to ensure that a child who is a qualified person with a disability and is attending a K-12 school will receive specialized instruction.

• A 504 plan is a plan developed to ensure that a child who is a qualified person with a disability and is attending a K-12 school receives accommodations that will ensure their academic success and access to the learning environment.

• Not all students with a disability requires specialized instruction.

• For those students that do require specialized instruction the IDEA guidelines controls those procedural requirements.

• There is no requirement that a transfer school must honor an IEP or 504 Plan from another school.
The IDEA process is more involved than a standard 504 response because it requires documentation of measurable growth and must be updated annually.

504 plans should (but not must) be updated annually as well to ensure that the student is receiving the most effective accommodation for his/her specific circumstances.
ACCOMMODATION PROCESS
HIGHER EDUCATION
A COLLEGE HAS NO OBLIGATION TO ACT OR TO PROVIDE ACCOMMODATIONS UNTIL A REQUEST IS MADE...
Step One:

- Student or employee notifies the appropriate office on campus that addresses accommodations for disabilities.
- Student or employee claims disability and seeks accommodation.
ACCOMMODATION PROCESS: REVIEW OF CLAIM

Step Two:

• Student or employee provides documentation supporting disability claim and the professional recommendation for accommodation(s).

• Disability Services Coordinator reviews disability claim and documentation.

• Note: The institution is not bound to honor IEP’s from the student’s high school, although the IEP may be instructional.
ACCOMMODATION PROCESS: DOCUMENTATION

• Colleges may establish reasonable standards for documentation.

• Source should be from an appropriately trained individual.

• A person with a master’s degree in education or developmental psychology may be appropriate to evaluate a learning disability.

• A medically trained person is necessary to diagnose medical or psychological matters or pregnancy-related matters.

• If the claim or supporting documentation is in question the institution may request a second opinion, but the institution must pay.
Step Three:

• Institutions should engage in an “interactive process” to determine appropriate accommodations that meet an individual’s needs.

  – Although the program as a whole must be accessible and services provided in the most integrated setting possible, the law does not require a college to lower its standards to accommodate a disabled student or employee.

  – Determining what form of accommodation is appropriate is an important task. Discouraging students from defining themselves by what they can’t do is critical.

• All aids and adjustments must be provided in a timely manner.
An institution is not required to provide:

- Personal devices such as wheelchairs
- Individually prescribed devices such as prescription eyeglasses or hearing aids
- E-readers for personal use or study
- Services of a personal nature including assistance in eating, toileting, or dressing
SPECIAL CASES
ADA & ACADEMICS
ADA & ACADEMICS

• “Higher Education Institutions are only required to provide effective and reasonable accommodations, not necessarily what the students ask for.”

Southeastern Community College v. Davis
U.S. Supreme Court, 1979
• **Facts:** Frances Davis sought admission to the nursing program at Southeastern Community College. She suffered from a hearing disability and was unable to understand speech without lip reading.

• Her application for admission was denied. She appealed and was again denied. She filed a lawsuit.

• The District Court (E. Div. North Carolina) ruled against her, the U.S. Court of Appeals for the 4th Circuit overturned the trial court’s decision and the College appealed.
The U.S. Supreme Ct. ruled in favor of the College, stating, “An otherwise qualified individual with a disability is one who meets all the program requirements in spite of his handicap.”

The court stated, “Even with an improved hearing aid, Davis still required lip-reading to understand speech and therefore was not ‘otherwise qualified’ and could not be admitted to Southeastern’s program without substantial changes to the admission requirements. The College did not discriminate against her in rejecting her admission.”
EXAMPLES OF ACCOMMODATIONS

- Additional time to complete tests, coursework, or graduation;
- Substitution of nonessential courses for degree requirements;
- Adaptation of course instruction;
- Tape recording of classes; and
- Modification of test taking/performance evaluations so as not to discriminate against students with sensory, manual, or speaking impairments (unless such skills are the factors the test purports to measure).
EXAMPLES OF ACCOMMODATIONS

- Qualified interpreters
- Note takers
- Computer aided transcription services
- Written materials, assistive listening systems
- Closed caption decoders
- Open and closed captioning, TDDs
- Readers, taped texts, audio recordings
- Large print and Brailed materials
- Acquisition or modification of equipment
ACADEMICS AND ADA
HIGHER EDUCATION

The Case of Elyce
Elyce provided documentation to the Disability Services Office that she frequently experienced panic attacks, especially when she was under pressure or stress. The Office reviewed her documentation and determined that she was entitled to request additional deadlines for completion of her academic work.

She met with her professor, who taught psychology, in a large lecture class (the course was required for Elyse's major) and presented the accommodation letter from the Office of Disability Services.
She told the professor that she read the syllabus and noted that the professor does not give make-up exams in the course. Elyce told the professor, “What if I get a panic attack during the exam? You have to give me a make-up exam. This letter says so.”

The Professor has now come to you to explain that the course in question is required of all psychology majors and is the core course of Elyse's program. The professor stated, there are exams, lab reports, presentations, and papers in a tightly choreographed sequence that barely fits into the term.
Falling behind in one assignment could cause a cascading problem for Elyce and leave her at risk for failure in the rest of her program. The Professor stated, “I simply cannot provide or allow for make-up exams, given the rigor of this program.”

What will you advise the Professor and Elyce?
ACADEMICS AND ADA K-12 WORLD

The Case of Carol
Carol is autistic and has had an IEP since kindergarten. Her school created the IEP to meet her educational needs and it was approved by all members of her IEP committee including her parents.

Carol has been making progress in her education but her parents feel that the plan developed for her 5th grade year was simply a replication of the goals from previous years. As a result they enrolled her in a private school for her 5th grade year. During her 5th grade year in the private school Carol made significant academic progress.

She is now enrolled back in your school for the 6th grade and her parents want your school to pay for her private 5th grade education. What will you tell them?
ADA & PREGNANT & PARENTING STUDENTS
SIGNIFICANT GUIDANCE DOCUMENTS

“A recipient shall not apply any rule concerning a student's actual or potential parental, family, or marital status which treats students differently on the basis of sex.”
34 C.F.R. 106.40

• June 2007 “Dear Colleague Letter”
• June 2013 DCL on Pregnant and Parenting Students
• Regulatory Language
• Case Discussion
June 25, 2007 “Dear Colleague Letter”

- Affirms the application of the pregnancy-related portions of the regulations to athletics departments, and summarized a school’s obligations to pregnant student-athletes.
• The June 25, 2007 DCL also includes:
  – Information on how to develop programs to support these students;
  – An overview of students’ rights under Title IX; and
  – Guidance on how to share your complaint if you feel your rights are not being met.

• While the pamphlet is focused on secondary education, the DCL states that “legal principles apply to all recipients of federal financial assistance, including postsecondary education.”
• June 25, 2013 DCL on pregnancy and parenting students:
  – Educators must ensure pregnant and parenting students are not discriminated against.
  – Educators must ensure that pregnant and parenting students are fully supported in preparation for graduation and careers.
  – Secondary school administrators, teachers, counselors, and parents must be well-educated on the rights of pregnant and parenting students as provided under Title IX.
Pregnancy defined

- “Pregnancy and related conditions”:

A recipient shall not discriminate against any student, or exclude any student from its education program or activity, including any class or extracurricular activity, on the basis of such student's pregnancy, childbirth, false pregnancy, termination of pregnancy or recovery therefrom, unless the student requests voluntarily to participate in a separate portion of the program or activity of the recipient.”

34 C.F.R. 106.40
Doctor’s Note to Participate

• “Schools cannot require a pregnant student to produce a doctor’s note in order to stay in school or participate in activities, including interscholastic sports, unless the same requirement to obtain a doctor’s note applies to all students being treated by a doctor.”

• “That is, schools cannot treat a pregnant student differently from other students being cared for by a doctor, even when a student is in the later stages of pregnancy; schools should not presume that a pregnant student is unable to attend school or participate in school activities.”

Source: Department of Education (June 2013), Supporting the Academic Success of Pregnant and Parenting Students, p. 8.
Physician Certification

A recipient **may require** such a student to **obtain the certification of a physician** that the student is physically and emotionally able to continue participation in the normal education program or **activity so long as such a certification is required of all students for other physical or emotional conditions requiring the attention of a physician.**

“Thus, for example, a student who has been hospitalized for childbirth must not be required to submit a medical certificate to return to school if a certificate is not required of students who have been hospitalized for other conditions.”

34 C.F.R. 106.40
Pregnancy as Temporary Disability

A recipient shall treat pregnancy, childbirth, false pregnancy, termination of pregnancy, and recovery therefrom in the same manner and under the same policies as any other temporary disability with respect to any medical or hospital benefit, service, plan, or policy which such recipient administers, operates, offers, or participates in with respect to students admitted to the recipient's educational program or activity.”

34 C.F.R. 106.40
Leave Policies

In the case of a recipient which does not maintain a leave policy for its students, or in the case of a student who does not otherwise qualify for leave under such a policy, a recipient shall treat pregnancy, childbirth, false pregnancy, termination of pregnancy, and recovery therefrom as a justification for a leave of absence for so long a period of time as is deemed medically necessary by the student's physician, at the conclusion of which the student shall be reinstated to the status which she held when the leave began.”

34 C.F.R. 106.40
• “When the student returns to school, she must be reinstated to the status she held when the leave began, which should include giving her the opportunity to make up any work missed.”

• “A school may offer the student alternatives to making up missed work, such as:
  – Retaking a semester
  – Taking part in an online course credit recovery program, or
  – Allowing the student additional time in a program to continue at the same pace and finish at a later date, especially after longer periods of leave.

• The student should be allowed to choose how to make up the work.”

Source: Department of Education (June 2013), Supporting the Academic Success of Pregnant and Parenting Students, p. 10.
• NCAA Guidance

– A pregnant student-athlete’s physician should make medical decisions regarding sports participation

– A student-athlete with a pregnancy-related condition must be provided with the same types of modifications provided to other student-athletes to allow continued team participation

– Pregnant student-athlete cannot be harassed due to pregnancy

– A student-athlete whose athletic career is interrupted due to a pregnancy-related condition will typically be entitled to a waiver to extend her athletic career.

Source: NCAA, Pregnant and Parenting Student-Athletes
Janet is 7 months pregnant and has had an easy pregnancy. She’s in the Allied Health Program for EMT. In this cohort program, clinical/experiential placements only occur during the Spring term. Janet is scheduled to graduate next December. The paramedic program to which she’s been assigned won’t allow her to participate on their ambulance runs because of her pregnancy. She needs to complete this program this term.

What will you suggest?
Sasha is a gifted athlete. Her specialty is the low hurdles. Your school is very competitive and requires tryouts for the Varsity Track Team in the Spring of the year for the following fall.

Sasha is 7 months pregnant. She did not make the cut for the team at tryouts this year.

She has come to you to complain that just because she is currently pregnant and not quite as fast, she won’t be pregnant in the fall and you know what a good athlete she is.

What are some possible solutions?
ADA & MENTAL HEALTH ISSUES
• A greater percentage of students arrive at college these days with a history of emotional or mental health problems, and even more will be diagnosed during their period of enrollment at your institution.

• A student or employee with a documented mental disorder is a qualified person with a disability.

• A suicidal student or employee may reasonably be regarded as having a psychiatric disability.

• As the DSS or 504 Coordinator, you must take individual needs into account but also to uphold educational standards and well-functioning work environments.
• A mental impairment that substantially limits one or more major life activities
• Examples of mental disabilities include:
  – Major depression
  – Bipolar disorder
  – Schizophrenia
  – Anxiety disorders
  – Post-traumatic stress disorders
  – Autism Spectrum Disorders
AN IMPORTANT CASE
Facts

• A student told admissions representative that he had a disability (anxiety and depression).

• The student later reported that the admissions representative did not refer him to the school’s Disability Services Office.

• The student did not independently seek accommodation from Disability Services, nor identify himself to Disability Services as an individual with a disability.

• The summer following the student’s first term of enrollment, he experienced increased emotional symptoms and was diagnosed as bipolar. At school, the student engaged in cutting behaviors, uncontrolled crying, and persistently discussed his problems with other students.
Facts (continued)

• During this period of time, however, the student remained in good academic standing.

• In the fall term following his diagnosis, as a result of his behavior on campus, the Vice President and other university officials requested a meeting with the student, under the guise of a meeting with him about his “academic success.”

• The student was assured that this was not a disciplinary meeting, but immediately was confronted with “complaints” about his behaviors. The student became very upset and stated his intent to withdraw from school immediately based on medical necessity.
• The following spring, the student applied for re-admission to the university. He was informed that before he could return he was required to provide medical documentation, a release of medical treatment records, a student agreement form, and other standard elements for re-admission. The university did not require 504 plans or medical treatment documentation of other students seeking re-admission, and was not informed of these conditions when he “voluntarily” withdrew.

• The student was denied re-admission and subsequently filed a complaint with OCR based on disability discrimination under Section 504 of the Rehabilitation Act.
OCR Determination

• The OCR initially determined that although the student voluntarily withdrew from school, the institution’s actions in presenting him with a behavior contract that had many elements related to mental health treatment resulted in the student being “regarded” as having a disability.

• The OCR further determined that the university then discriminated against the student, based on his disability, by imposing requirements on the student’s re-admission that were not required of other students seeking re-admission to the university.
OCR Determination

• The university argued that they were trying to ensure that the student could be successful upon re-admission.
• However, the student had never demonstrated that he couldn’t be successful academically and, at the time of his voluntary withdrawal, he was in good academic standing and had never been disciplined.
• Thus, OCR determined that the university’s reason was not a legitimate non-discriminatory one and was instead a pretext for disability discrimination.
OCR Determination (continued)

• The OCR stated that a university may remove a student with a disability or deny admission to that student if the university applied a “direct threat test.”

• This test may be applied only when an individual poses a significant risk to the health and safety of others. The significant risk must represent a high probability of substantial harm and not just a slightly increased, speculative, or remote risk. In this matter, the university stated that it believed the student was a threat to himself, but not to others.
MENTAL HEALTH & ADA HIGHER ED.

The Case of Dennis
Dennis is a first year student at your institution. He enrolled as an honors student and had outstanding credentials in high school. He wants to go to law school and be a legal advocate for the disabled. Dennis has also been diagnosed with Asperger's Syndrome. Dennis provided his documentation to your Accessibility Services Office and shared that he receives ongoing therapy to help him control his impulsive conduct.

When Dennis is aggravated, challenged, or simply strongly disagrees with another person he will often engage in arm flapping, make loud guttural sounds and sometimes will run around the room or out of the room or the building.
Dennis works hard to control his impulses but sometimes he just loses control. He is enrolled this term in a course called “Controversies in Politics” and since the foundation for the course is to challenge assumptions and to defend your position there is high tension in the class as students debate various political positions. Dennis has frequently lost control in this class and has created significant disruption and frightened many of the students.

The faculty member and his Dean have come to you to determine what can be done. Dennis must take this class for his major and this is the only section offered. This course is a pre-requisite for the other courses in political science. The Dean strongly feels Dennis is not qualified to be a student at your institution.
Dennis is also having trouble in the residence hall. If there is noise in
the hall while he is trying to sleep or study Dennis will often confront
the people talking in the hallways or playing music. He is a large
young man and will yell and become very aggressive when
confronting someone about making noise. Many residents have
made complaints or expressed a fear of Dennis. Dennis’ therapist is
aware of these situations and has been working with Dennis on
behavior modification techniques but he still has impulse control
issues.

The Director of Residential Life has also come to you for some
solutions. She feels that Dennis should not be allowed to live in the
residence hall in spite of the fact that all first-year students are
required to live in the hall.
Dennis is academically gifted and is a very nice young man when not provoked, but his conduct is creating a disruption in class and in his residence hall. Students and parents have called your President and the Political Science Department wants him removed from the department as does the Department of Residential Life.

What are some possible solutions to this issue? Should Dennis be removed from school?
MENTAL HEALTH & ADA K-12

The Case of Paul
Paul is a freshman in high school. This is a new school for Paul. Many of his middle school friends went to a different high school. He is very athletic and enjoys physical education classes. He loves reading but not writing and he struggles with math. He does not like to be around large crowds and often has to be talked into situations involving lots of students. Although he has a good sense of humor he easily becomes irritable.

Paul has a medical diagnosis of childhood onset bipolar disorder and an IEP classification of severe emotional and behavioral disorder. He takes medication on a regular basis. He was recently put on a new medication.
Paul has been increasingly disruptive the past few months. He has verbal outbursts and pushes his books onto the floor if he is corrected in class or receives a poor grade. His verbal outbursts include yelling that he refuses to do an assignment, telling another student to shut up, using profanity, and calling student’s names.

Paul’s teachers report that they spend at least an hour each day dealing with him and his disruptive behavior.
Paul seemed to initially acclimate well to his new school, but lately things seem very difficult for him. His IEP team is very puzzled about why his behavior has changed. They have tried both rewards and punishment for his behavior and neither seem to have made a difference.

You have been getting calls from other parents, expressing concern for the safety of their child and demanding that you do something NOW!

*What will you plan to do in response? What information will you share with the parents?*
SERVICE v
EMOTIONAL SUPPORT ANIMALS
Colleges and Universities frequently receive requests to bring service animals (as defined by the ADA) and assistance animals, which can be service animals, but also therapy, comfort or emotional support animals (as defined by HUD) to class or in their living environment as an accommodation.

K-12 schools are increasingly challenged by requests for an ESA to accompany a student in the school.

These animals may make institutions more accessible for the students, and enrich the educational environment by allowing the institution to be more accessible to students with a wide range of disabilities.

BUT there is a confusing backdrop of disability-based laws that impose differing obligations and apply differently based on location.
• Title II & III of the ADA state that a service animal may only be a dog or miniature horse that has been individually trained to do work or perform tasks for the benefit of an individual with a disability.

• Title I of the ADA, which applies to the employment context does not define “service animals,” nor require institutions to automatically permit a specific type of animal in the workplace. Rather, animals in the workplace should be treated as a “reasonable accommodation” and the employer may ask for appropriate documentation.
• Miniature horses are as trainable as dogs.
• Miniature horses are hypo-allergenic.
• Miniature horses have a longer life span than a dog.
• Miniature horses are generally no larger than a big dog.

BUT...THERE ARE GUIDELINES TO CONSIDER:

• The type, size, weight of the horse, and if the facility can accommodate.
• Whether the handler has sufficient control of the horse.
• Whether the horse is housebroken.
• Whether the horse’s presence compromises legitimate safety requirements.
• “Service animals are working animals, not pets. The work or task a dog has been trained to provide must be directly related to the person’s disability.

• The Service animal does not need to be professionally trained, but cannot just be a ‘service animal-in training’ unless required by state law.

• You cannot require documentation that the animal has been certified, trained, or licensed as a service animal.

• Dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA.”
You may not ask about the nature or the extent of a person’s disability.

A qualified person with a disability using a service animal does not need to register with Accessibility Services Office, nor produce documentation of the disability because a service animal is not an accommodation. They are an extension of their handler.

You may only ask:

• If the animal is required because of a disability and/or
• What work or task the animal has been trained to perform.
EXAMPLES OF WORK OR TASK OF SERVICE ANIMALS

- Guiding people who are blind.
- Alerting people who are deaf.
- Pulling a wheelchair.
- Alerting and protecting a person who is having a seizure.
- Reminding a person with mental illness to take prescribed medications.
- Preventing or interrupting impulsive or destructive behavior for those with psychiatric disability.
- For example, for autistic students, service animals can be trained to interrupt inappropriate repetitive behavior.
• An institution **must modify policies, practices, or procedures** to permit the use of a service animal.

• **Unless:**
  - The animal is out of control
  - The animal isn’t housebroken

• **Service animals must be permitted to accompany their handler in all areas of the institution unless their presence poses a health or safety risk.**

• **You may not charge a fee for a service animal even if others accompanied by a pet are required to pay a fee.**

• **Service animals don’t have to wear a vest, ID Tag, or specific harness to identify them as a service animal.**
• Only dogs or miniature horses who perform work or a task for an individual with a qualifying disability are considered service animals.

• Must be individually trained to do the work or task.

• Must be housebroken.

• Must remain under the care and supervision of the owner at all times via a leash or harness unless it would interfere with their work.

• May not create a disruption to the environment.

• May not pose a direct threat to the health or safety of the campus.
EMOTIONAL SUPPORT, THERAPY, COMPANION ANIMALS
May be an animal other than a dog.

They are usually the personal pets of their handlers, and provide comfort or emotional support.

Federal laws have no provisions requiring people to be accompanied by therapy or comfort animals in places of public accommodation that have "no pets" policies other than dwellings under the FHA.

Therapy animals often provided by Counseling Centers during high stress times usually are not service animals.
• The Office of Housing and Urban Development (HUD) applies a broader definition, using the term “assistance animal” when enforcing Sec 504 in the housing context.

• Assistance animals, which includes untrained emotional support (ESA), comfort, therapy as well as service animals, must be allowed as an accommodation for any qualified individual with a disability in any “dwelling which is occupied as a residence by one or more families”.

HUD: FAIR HOUSING ACT CHANGES THE LANDSCAPE
HUD: FAIR HOUSING ACT

• Although institutions must accommodate a qualified individual with a disability by making provisions for an assistance/comfort/ESA in a residence hall or campus apartment, the institution is not required to allow the individual to bring that animal into the work environment, classroom, or other areas or buildings on campus unless the animal qualifies as a service animal.

• An individual requesting an assistance animal, as defined by HUD/FHA, is required to produce documentation of a disability, and demonstrate the nexus of the disability to the support or comfort that the assistance animal provides in order to have that animal in campus housing. There is no documentation required for service animals.
EMOTIONAL SUPPORT ANIMAL REQUIREMENTS

• Those seeking to have their emotional support animal must have a qualifying disability.

• There must be an identifiable relationship or nexus between the disability and the assistance the animal provides.

• The animal that individual with a disability wish to accompany them must be necessary to afford those persons with an equal opportunity to use and enjoy a dwelling.

• The assistance animal must meet reasonable standards for the housing environment.
• As long as the **animals alleviate the “effects” of the disability** and the animals are reasonably supported, they are acceptable.

• **Species other than dogs, with or without training, and animals that provide emotional support are recognized as “assistance animals.”** Courts have also upheld that animals need not be trained, nor do they need to be dogs to qualify as “reasonable accommodations.”

• **Animals who pose a direct threat to the health and safety of others; who cause substantial physical damage to the property of others; who pose an undue financial and/or administrative burden; or would fundamentally alter the nature of the provider’s operations may be excluded.**
WHAT TO EXPECT FOR DOCUMENTATION FOR AN ESA

- Confirmation the individual has a mental health diagnosis.
- The documentation should be from a medical professional, trained to diagnose mental health conditions.
- Request an explanation of how the animal helps alleviate the condition.
- Have them address the potential negative effects of the person not having the animal with him/her.
- Ask if the animal has any training to do what is needed to alleviate the disability.
ADVICE MOVING FORWARD: ESA’S

• May be limited to campus housing only.
• Should be considered on a case-by-case basis.
• The individual seeking to have an ESA must provide documentation of a qualifying disability.
• There must be a nexus between the disability and the role of the comfort animal.
• May be an animal other than a dog or horse.
• The institution may engage in the interactive process in determining the acceptance of the comfort animal, balancing the need for accommodation of the individual with the impact on the environment.
• The animal cannot interfere with the reasonable use and enjoyment of others living in the same dwelling.

• The animal must be caged when the owner is not in the room.

• The animal must always be under the control of the owner, either on a leash or harness or in a crate or carrier.

• The owner may not leave the animal for extended periods of time or overnight.

• The owner may not leave the animal in the care of another resident for overnight
• Must be in good health and well cared for by the owner.
• Must meet all state requirements for vaccinations and licensing.
• The owner must clean up after the animal and must appropriately dispose of all animal waste.
• The animal may not disturb, annoy, or cause any nuisance to other members of the campus community.
• They may not pose an undue threat or fear to the residence environment.
• They may not cause undue financial or administrative burden to the institution in order to provide the accommodation.
• May not fundamentally alter the nature of the institution’s operations.
• What about classmates, roommates or neighbors with allergies? Not all allergies create a disability and you need to apply common-sense to addressing.

• Allergies or fear of dogs are not valid reasons for denying access or refusing service to people using service animals.

• Decisions about acceptability of the dog may not be based on the breed of the dog.

• A person with a disability does not have superior rights to the person without a disability.
QUESTIONS?
THANK YOU!

Questions?
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